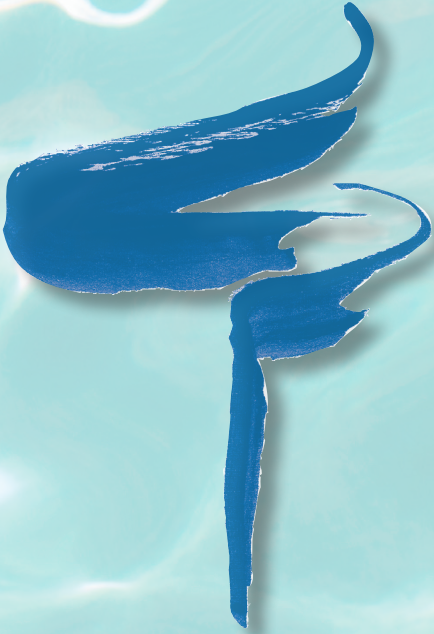


# Path of No Way

with

Stèphano Sabetti



Marga Society

## MARGA SOCIETY

The word Marga comes from Sanskrit and means *path of liberation*.

Marga is an international association and a not-for-profit organisation. We wish to support peace in our time through a growing spiritual consciousness. This may be felt as a sense of inner liberation.

Marga offers a field that is neutral to confession and political direction in which spiritual development may take place. Marga was founded in 2001 and is based in Switzerland.

With **P.o.N.W.**, developed by Stèphano Sabetti, we see an essential and vital possibility to implement this intention of supporting growth in spirituality.

Marga dedicates itself to support spiritual development with the following activities:

- coordination and organisation of lectures and seminars under the name P.o.N.W., with Stèphano Sabetti in various countries,
- supporting the production and the distribution of material on P.o.N.W. (e.g. books and DVDs).

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www.margasociety.org

## APPLICATION:

Possible by regular mail or [www.margasociety.org](http://www.margasociety.org)

I want to become a member of the MARGA SOCIETY and accept the yearly membership fee of € 70 / € 50 (please send further information)

active       supporting

I want to be informed about new courses

First Name: .....

Last Name: .....

Address: .....

Zip - City: .....

Country: .....

Tel.: .....

E-Mail: .....

Fax: .....

Date: .....

Signature: .....

## THE PATH OF NO WAY (P.O.N.W.)

Stéphano Sabetti, the founder of **P.o.N.W.**, teaches a modern way of spirituality. In his unmistakable, direct and humorous way, he supports and accompanies personal spiritual development. With the **P.o.N.W.** we can experience how spirituality and the challenges and problems of our daily life are connected to each other. Through a profound and personal exploration, every person can follow one's individual path of spiritual development in order to find one's true nature.

**P.o.N.W.** follows the inner knowledge (resonance) that can be experienced in the body and through life messages. It is a path that emerges spontaneously and in the moment, and which is in harmony with the Self. It gives us a deep and constant orientation.

## THE FOUNDER DR. STÉPHANO SABETTI

- Developed the **Path of No Way**, *Essential Inquiry*, *Process Meditation* and the *Middle Course of Confluence*.
- Is inspired through the teachings from Ramana Maharshi, J. Krishnamurti and the 16.<sup>th</sup> buddhist Karmapa (Dorje).
- Doctorate in Counseling Psychology, Boston University (USA)
- Training in acupuncture, Shiatsu, Yoga, Martial arts
- Founder of Life Energy Process®

**P.o.N.W.** is based on three elements:

### *Essential Inquiry (E.I.)*

is an extension of Ramana Maharshi's tradition of Self Inquiry, posing the question: "Who am I?" In its both supporting and confronting manner, **E.I.** invites us into deep experience and growing understanding of our own spiritual Self. In this way, every person develops his/her own personal 'thread' that leads to researching deeper levels of being. Deepening question may be:

- Who in you is afraid of life? - of joy? - of love? - of who you essentially are?
- Who in you uses thoughts, or holds on to past experiences, and in that way avoids experiences in the present?

Thus, **E.I.** teaches a simple way to open up to the spiritual level, without denying psychological themes or issues.

### *Process Meditation (P.M.)*

makes us conscious of our inner movements and helps us to trust and follow them. This means to go with what spontaneously comes up from inside, instead of controlling it. It enables us to be present in every moment and to follow the thread of spirituality, especially in daily life.

### *Middle Course (of confluence)*

reconciles apparent contradictions, e.g. conflicts, and helps them to dissolve. Thus one may develop a life quality and lifestyle in which polarities gather to one point, one-pointed reality. The art of living a spiritual life can lead to more attentiveness, love and peace.

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for Research and Development

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